

2023-2024
Annual Report

Inspiring Children & Families to Move Forward

HopeSpoke 75



HopeSpoke Celebrates 75 Years

In May of 2024 HopeSpoke staff, stakeholders, and supporters came together at our Gourmet Comfort Classic to celebrate 75 years of serving children and families in our community.

Over the decades, the landscape of mental health care has evolved dramatically. The growing awareness and reduced stigma surrounding mental health issues are encouraging and enable us to extend our support to more individuals in need. While the path to today has not been without hurdles, each step has brought us closer to our vision of a healthier, more hopeful future for the families we serve.

As we celebrate 75 years of service, we look back with pride on the journey that has brought us to this point. Our longevity is a testament to the dedication of our incredible staff, the support of our board, and the encouragement from you—HopeSpoke's supporters.

Save the date! The next Gourmet Comfort Classic will be May 3, 2025!

Left to Right: Regan Anson, HopeSpoke Board President and Sean Carmichael, Owner of Chez Hay and 2024 Gourmet Comfort Classic Winner



Dear Friends,

We are filled with a deep sense of pride and gratitude as we commemorate a significant milestone in 2024—our 75th anniversary. The journey to this moment has been defined by significant achievements in our mission to provide mental and behavioral health services for children and families.

Despite the increasing demand for services and funding reductions, our commitment to providing high-quality, compassionate care remains steadfast. We are determined to successfully navigate these challenges, driven by our dedication to addressing the evolving needs of our community.

Together, we have made a profound impact on countless lives. We are excited and ready to continue this vital work.

Thank you for your ongoing support and for being an integral part of our journey. Here's to the next chapter of making our community a place filled with hope, health, and happiness.

Warmly,



Wendi Anderson, MEd, LIMHP
Executive Director



Regan Anson
Board President, 2023-2024



Wendi Anderson



Regan Anson



Service Spokes

Crisis & Residential Services

Youth-In-Crisis provides suicide assessments, transitional counseling, and case management to youth being detained at the Lancaster County Youth Services Center. Last year, **232 youth** were served.

The Therapeutic Group Home provides a holistic, trauma informed, strength-based approach to males ages 13-18 who have demonstrated sexually reactive behaviors. Last year, **31 youth** were served.

Extended Day Treatment Program

Operating daily after school and during the summer, the Extended Day Treatment Program provides children with treatment for trauma and behavioral challenges. Last year, **55 children** were served.

Outpatient Services

Clinical staff provide assessment, treatment planning and individual, family, and group therapy services for children ages 1-19 and their families, as well as adults. Outpatient services include: Outpatient, Extended Day Treatment Program and Therapeutic Group Home Outpatient, and evaluations. Last year, **378 people** were served.

School Based Therapy

Therapy sessions are provided within the school setting for students at Lincoln Public Schools. Individual and family therapy and Therapeutic Consultation, are offered in a setting to help eliminate the barrier of access to these services. Last year, **203 students** were served.

2023-2024 Impact

9,919

sessions provided to children, adults, and families in the Outpatient and Outpatient Schools programs

9,846

hours of milieu therapy provided to children in the Extended Day Treatment Program

2,020

number of sessions provided to youth at the Youth Services Center through the Youth in Crisis program

149

telehealth services provided to individuals in counties outside of Lancaster, includes 11 counties across Nebraska.

14

Lincoln Public Schools with HopeSpoke services





Early Mental Health Intervention

Early intervention in mental health can help divert challenges from getting bigger and causing a greater impact on daily living activities, including relationships with family members and friends. Mental health needs that are addressed early on can also help improve performance and decrease absences at school and work.

In HopeSpoke's Outpatient Program individuals and families can access therapy services that focus on the mental health needs present in their lives, allowing individuals to take early steps towards a healthier and more hopeful future. Services range from early childhood through adult focusing on individualized treatment planning, with trauma focused care, utilizing a strengths-based approach.

At HopeSpoke, no one is denied Outpatient therapy services due to the inability to pay and a discounted sliding-fee schedule is available.

For more information about all of HopeSpoke's services visit hopespoke.org.

By The Numbers

HopeSpoke is proud to serve a diverse group of individuals from across our community. Data below represents individuals and families served in the Outpatient and Outpatient Schools Programs.

Gender

Male	49%
Female	51%

Age

1-5	0%
6-12	37%
13-18	35%
19+	28%

Income

\$0	6%
\$1-\$19,999	21%
\$20,000-\$34,999	23%
\$35,000-\$49,999	16%
\$50,000+	12%
Not collected	22%

Race

American Indian/Alaskan Native	2%
Asian	1%
Black/African American	8%
Multiracial	8%
White	60%
Other	1%
Declined to Report/Not Collected	20%

Ethnicity

Hispanic/Latino	11%
Not Hispanic/Latino	55%
Declined to Report/Not Collected	34%

Give a Gift of Hope

Your generous support gives youth and families in our community the opportunity to find healing and hope through an array of mental health programming.

To make your Gift of Hope:

Visit hopespoke.org/donate

Mail your gift to HopeSpoke | 2444 O Street | Lincoln, NE 68510

Call 402.475.7666 to make your gift by phone

Thank you for helping to ensure children, teens, and families can receive the mental health care they need in times of crisis.

HopeSpoke is a 501(c)(3) nonprofit organization, tax ID 47-0398819. Your gift is tax deductible as allowable by law.



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Thank you to these donors who support HopeSpoke's services for children and families.

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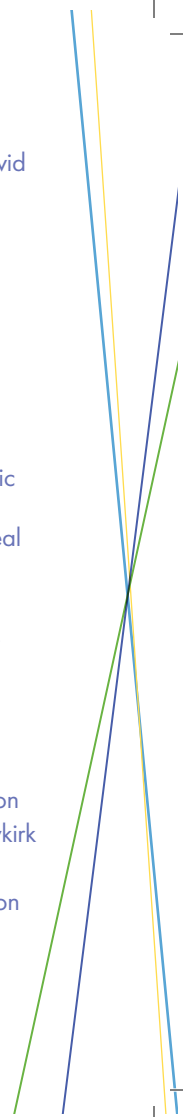
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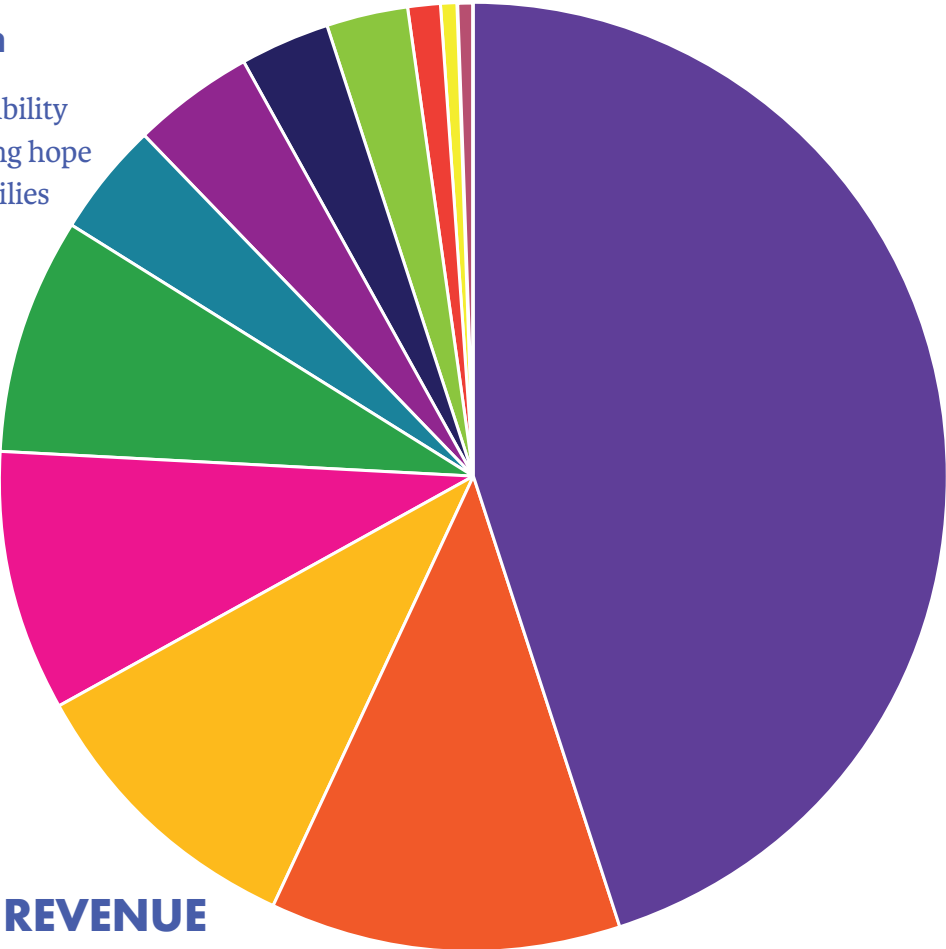
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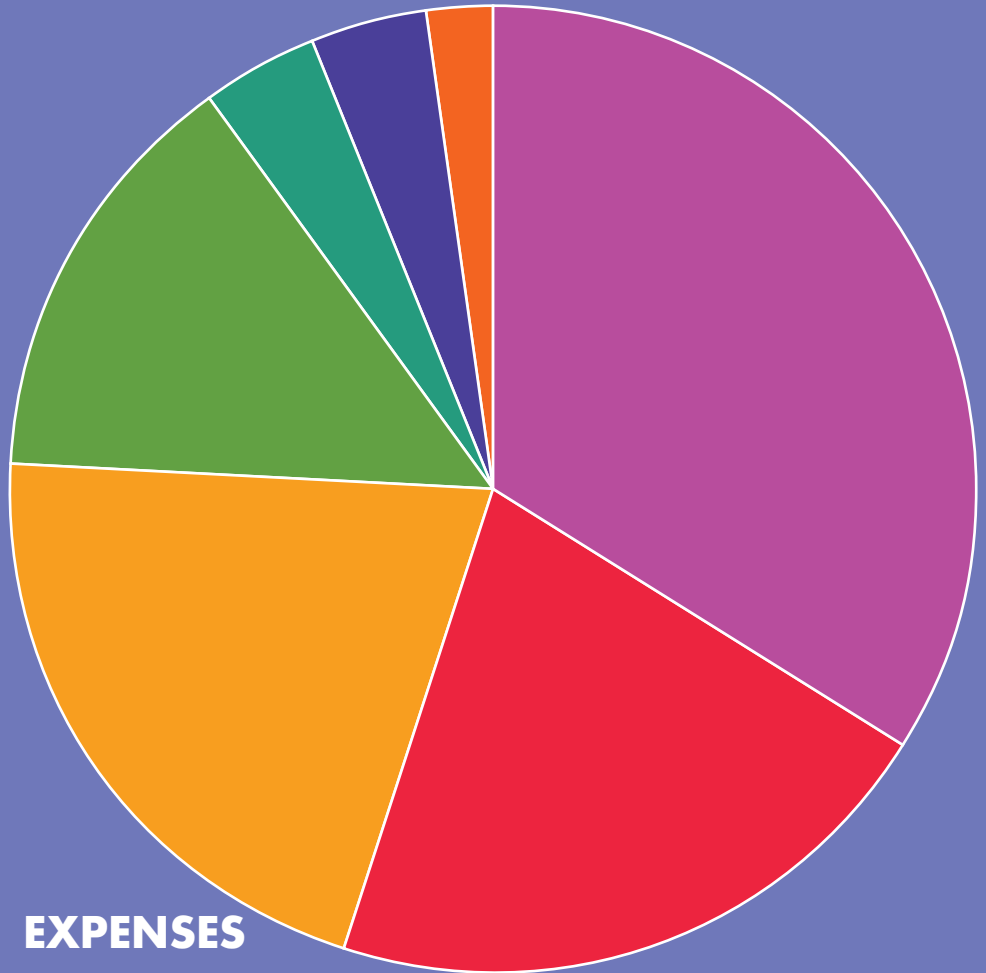
Strategic decisions allowed us to build stability and invest over **\$6.5 million** in bringing hope and healing to over 800 children and families in 2023-2024.

- 45% Medicaid
- 12% Probation
- 10% Region V
- 9% Special Education
- 8% Grants
- 4% Contributions
- 4% Contracts
- 3% United Way and JBC
- 3% Private Insurance
- 1% Other
- >1% Client Fees
- >1% Investment/Interest Income



REVENUE

- 34% Therapeutic Group Home
- 21% Outpatient Programs
- 21% Administration
- 14% Extended Day Treatment
- 4% Community Programming
- 4% Fundraising
- 2% BHECN/ARPA Grant Funding



EXPENSES

Leadership Team

Wendi Anderson, MSEd, LIMHP, Executive Director & Outpatient Services Director

Whitney Kuhn, MPA, Community & Employee Engagement Director

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