# The Nebraska Adolescent Perpetration Network (NAPN)

# **32nd Annual Conference**

The NAPN Presents

Kevin Creeden, MA, LMHC

# Attachment, Neurodevelopment, and Resilience: A Developmental Perspective for the Treatment of Sexual Behavior Problems

# May 15-16, 2024

Nebraska Innovation Campus - 2021 Transformation Drive, Lincoln, NE 68508 **Register NOW!** 

#### Wednesday, May 15 - "Attached Here"

8:00am - 8:30amRegistration and Breakfast (provided)8:30am - 10:00amThe Role of Attachment, Self-Regulation, and Self-Concept10:00am - 10:15amBREAK10:15am - 12:15pmIncreasing Knowledge to Clinical Interventions12:15pmEND - Day 1

### At the end of day one of the conference participants will be able to:

- 1. Understand the relationship between adverse childhood experiences, neuro-developmental, and behavioral difficulties in children and adolescents.
- 2. Appreciate the central role that attachment relationships play in facilitating neuro-development, self-regulation, and adaptive functioning.
- 3. Learn about how treatment interventions that are rooted in our understanding of enhancing positive attachment relationships can promote resilience and pro-social development.

# Thursday, May 16 - Promoting Resilience

8:00am - 8:30am	Registration and Breakfast (provided)
8:30am - 10:30am	How Neuro Development and Trauma Informed Treatment
	Promote Resiliency
10:30am - 10:45am	BREAK
10:45am - 12:15pm	Neurodiversity and Trauma Informed Care
12:15pm - 1:00pm	LUNCH (provided)
1:00pm - 2:30pm	Promoting Resilience to Increase Protective Factors
2:30pm - 2:45pm	BREAK
2:45pm - 4:15pm	Measuring Progress and Engaging Youth and Families in Treatment
4:15pm - 4:30pm	Q&A
4:30pm	END - Day 2

## At the end of the day two of the conference participants will be able to:

- 1. Discuss how a developmental framework can incorporate neurodevelopmental research and trauma-informed treatment into interventions that promote resiliency and healthy development for the "whole child" rather than solely diminishing problematic behavior.
- 2. Learn how to approach assessment and treatment planning from a developmental perspective.
- 3. Learn how a focus on enhancing developmental skills promotes an increase in protective factors.
- 4. Discuss how a developmental focus can serve to facilitate greater engagement from the client's care givers and social supports.

#### **Meet Your Presenter:**



**Kevin Creeden, M.A., LMHC** is the Director of Assessment and Research at the Whitney Academy in East Freetown, MA. He has over 40 years of clinical experience treating children, adolescents, and their families working extensively with sexually and physically aggressive youth. Over the past 30 years, his primary focus has been on issues of trauma and attachment difficulties, especially regarding the neurological impact of trauma on behavior. He has authored several articles and book chapters on the neuro-developmental impact of trauma on sexual behavior problems and harmful sexual behavior and was one of a team of clinicians and researchers tasked with developing the ATSA Adolescent Treatment Guidelines. Kevin is a board member of MASOC and an ATSA Fellow. He has served as a Teaching Fellow at Boston College, an Instructor in Psychology at the Harvard Medical School, a guest faculty at the Boston University School of Social Work and the Simmons School of Social Work. Mr. Creeden trains and consults nationally and internationally to youth service, community, mental health, and forensic service programs.

#### About the training: Day 1 - May 15

This workshop will examine current thinking involving this neuro-developmental research as well as discussing child and adolescent development in light of disrupted attachment experiences (Gee & Cohodes, 2021). There will be a strong focus on applying our increasing knowledge in these areas to clinical interventions with children and adolescents exhibiting problematic sexual behavior (Creeden, 2020).

#### Day 2 - May 16

This training offers a shift in our focus for treatment that highlights resilience and the enhancement of positive developmental experiences and skills over pathology and the "absence of bad" behavior (Creeden, 2018). This perspective not only leads us to attend more actively to client strengths, but it also encourages us to recognize how our clients' problematic behaviors have often emerged as adaptive responses to persistent experiences of adversity, maltreatment, and trauma (Teicher & Samson, 2016). The training will define the central components of a developmental treatment approach and will discuss how to operationalize this approach in creating treatment goals, measuring progress, and engaging youth and their families.

### **Registration & Cost**

#### **Register Now**

Both Days: \$110 Day 1 Only: \$40 Day 2 Only: \$80

No-shows will be charged for the conference. Refunds will NOT be issued after May 3, 2024

#### **Continuing Education Hours\***

Conference participants will receive certificates of attendance confirming Continuing Education<sup>\*</sup> hours awarded (Wednesday - 3.5 hours, Thursday - 6.5). Participants attending the entire program can receive 10 Continuing Education Hours. Participants can receive Continuing Education hours per day.

\*Continuing Education hours are approved for Psychologists, Social Workers, Counselors, Marriage and Family Therapists, and Licensed Mental Health Practitioners. HopeSpoke is approved by the American Psychological Association to sponsor continuing education for psychologists. HopeSpoke maintains responsibility for this program and its content.

#### Criminogenic Hours\*\*

Conference participants attending the entire program can earn 10 Criminogenic Hours, participants can receive hours per day if not attending full conference (Wednesday - 3.5 hours, Thursday - 6.5 hours).

#### About NAPN

The Nebraska Adolescent Perpetration Network (NAPN) continues to provide training in the area of sexual abuse using nationally recognized experts in the field. The NAPN conferences provide information pertaining to sexual offense-specific treatment and intervention strategies relevant to the work of Psychologists, Counselors, Social Workers, Mental Health Professionals, Nurses, Judges, Prosecutors, Attorneys, Probation Officers, Correctional Professionals, and members of Health and Human Service agencies.

#### Questions

Call 402-475-7666 or send an e-mail to napn@hopespoke.org with any questions or for more information. Contact Persons: Whitney Kuhn, Pat Sailors, or Katy Pickel.

The 2024 Conference is sponsored by the NAPN and HopeSpoke