

2022-2023
Annual Report

Inspiring Children & Families to Move Forward



Gourmet Comfort Classic Supports HopeSpoke Services

HopeSpoke's annual Gourmet Comfort Classic was a delicious success for mental health! After enjoying the Best Latin-Inspired Comfort Food created by five local chefs, guests contributed more than \$76,000 to provide mental health services to children and families in need. HopeSpoke is grateful for all of the sponsors, chefs, and donors who make sure youth can find help in times of crisis.

The Leader in Mental Health Award was presented to Annette Dubas, Executive Director of the Nebraska Association of Behavioral Health Organizations. The staff of Lincoln Pediatric Dentistry were named Volunteers of the Year. Mary Ellen's took home the trophy for Top Chef as voted by the evening's guests.

For information about the next Gourmet Comfort Classic, contact HopeSpoke at 402.475.7666 or info@hopespoke.org.

Left to Right: Katie McLeese Stephenson, HopeSpoke Executive Director and Annette Dubas, NABHO Executive Director




Dear Friends,


This past year has presented significant challenges and opportunities in providing youth and families with mental health services. While we continued to work through concerns related to COVID-19, we also saw our delivery of mental health services return to some semblance of normal with new improvements.

Pandemic-related concerns persist. We have seen increased demand for therapeutic services even while our industry, like many others, faces a historic workforce shortage. On the bright side, we also see less stigma attached to the topic of mental health, and as an organization, we continue to build on efficiencies gained during the height of the pandemic.

As we look forward to celebrating our 75th anniversary in 2024, we are mindful that this pivotal work is not possible without an amazing staff, board of champions, and you - HopeSpoke supporters - who help us to make our community a better place - one full of happy, hopeful, healthy families. Thank you!

Warmly,


Katie McLeese Stephenson, MSW
Executive Director


Regan Anson
Board President, 2022-2023



Katie McLeese Stephenson



Regan Anson

Service Spokes

Crisis & Residential Services

Youth-In-Crisis provides suicide assessments, transitional counseling, and case management to youth being detained at Lancaster County Youth Services Center. Last year, **275 youth** were served.

The Therapeutic Group Home provides a holistic, trauma informed, strength-based approach to males ages 13-18 who have demonstrated sexually reactive behaviors. Last year, **36 youth** were served.

Extended Day Treatment Program

Operating daily after school and during the summer, the Extended Day Treatment Program provides children with treatment for trauma and behavioral challenges. Last year, **52 children** were served.

Outpatient Services

Clinical staff provide assessment, treatment planning and individual, family, and group therapy services for children ages 1-19 and their families, as well as adults. Outpatient services include, Outpatient, Therapeutic Consultation, Extended Day Treatment Program and Therapeutic Group Home Outpatient, and evaluations. Last year, **374 people** were served.

School Programs

A variety of mental health services are provided within the school setting for students at Lincoln Public Schools who are in need of therapy. Last year, **216 students** were served.

2022-2023 Impact

10,561

sessions provided to children, adults, and families in the Outpatient and Outpatient Schools programs

10,131

hours of milieu therapy provided to children in the Extended Day Treatment Program

2,324

number of sessions provided to youth at the Youth Services Center through Youth in Crisis program

98

percentage of client and guardian satisfaction rating across programs

15

Lincoln Public Schools with HopeSpoke services





Linking Individuals and Families

LINCS (Linking Individuals/Families in Need of Community Supports) is a voluntary program designed to prevent youth from becoming involved in the juvenile justice and child welfare systems. HopeSpoke therapists provide a free, comprehensive assessment to determine the strengths, needs, and goals of the youth and their family, with referrals to community resources.

HopeSpoke therapists also provide suicide assessments, transitional counseling, and case management to youth detained at Lancaster County Youth Services Center. This includes outreach to the family; coordination of the youth's needs; and transition assistance at discharge.

LINCS is a collaborative prevention effort by HopeSpoke with Region V Systems and the Lancaster County Attorney's Office.

For more information about all of HopeSpoke's services, visit hopespoke.org.

By The Numbers

HopeSpoke is proud to serve a diverse group of individuals from across our community. Data below represents individuals and families served in the Outpatient and Outpatient Schools Programs.

Gender

Male	44%
Female	54%

Age

1-5	0%
6-12	37%
13-18	38%
19+	25%

Income

\$0	7%
\$1-\$19,999	24%
\$20,000-\$34,999	27%
\$35,000-\$49,999	16%
\$50,000+	13%
Not collected	13%

Race

American Indian/Alaskan Native	3%
Asian	1%
Black/African American	9%
Multiracial	11%
White	62%
Other	2%
Declined to Report/Not Collected	12%

Ethnicity

Hispanic/Latino	11%
Not Hispanic/Latino	57%
Declined to Report/Not Collected	32%

Give a Gift of Hope

Your generous support gives youth and families in our community the opportunity to find healing and hope through an array of mental health programming.

To make your Gift of Hope:

Visit hopespoke.org/donate

Mail your gift to HopeSpoke | 2444 O Street | Lincoln, NE 68510

Call 402.475.7666 to make your gift by phone

Thank you for helping to ensure children, teens, and families can receive the mental health care they need in times of crisis.

HopeSpoke is a 501(c)(3) nonprofit organization, tax ID 47-0398819. Your gift is tax deductible as allowable by law.



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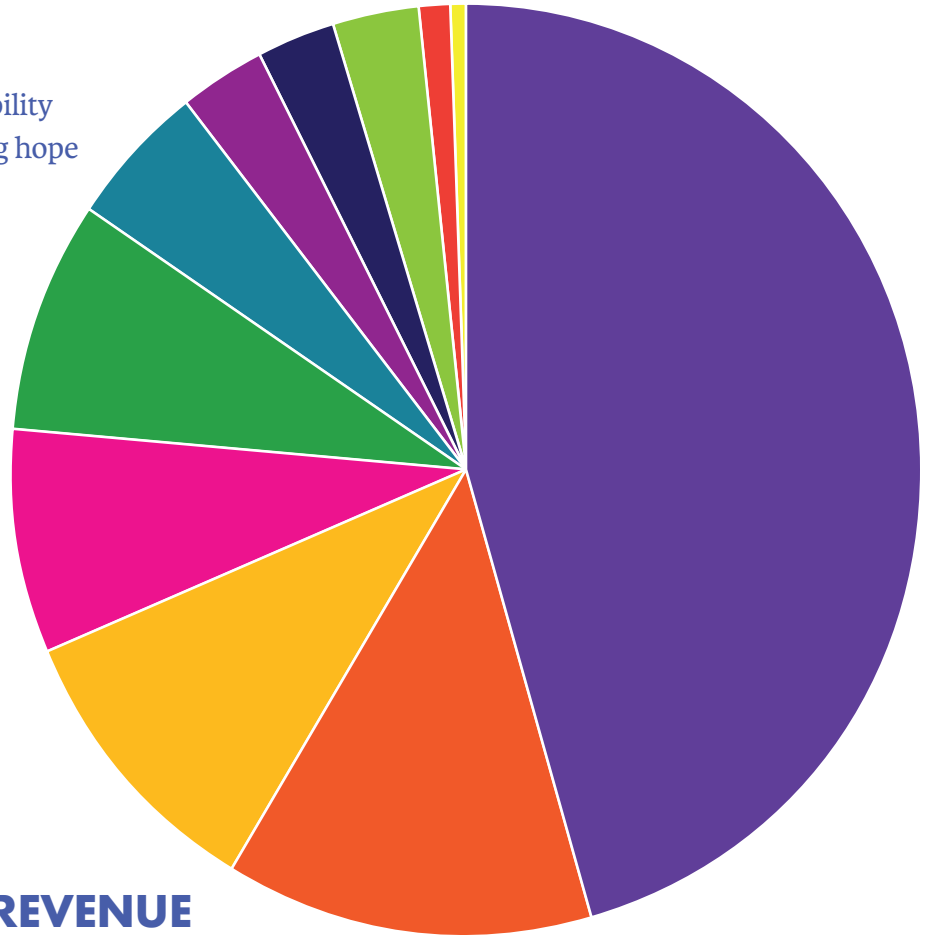
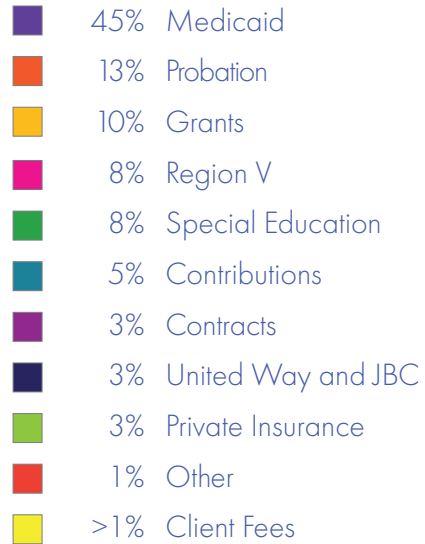
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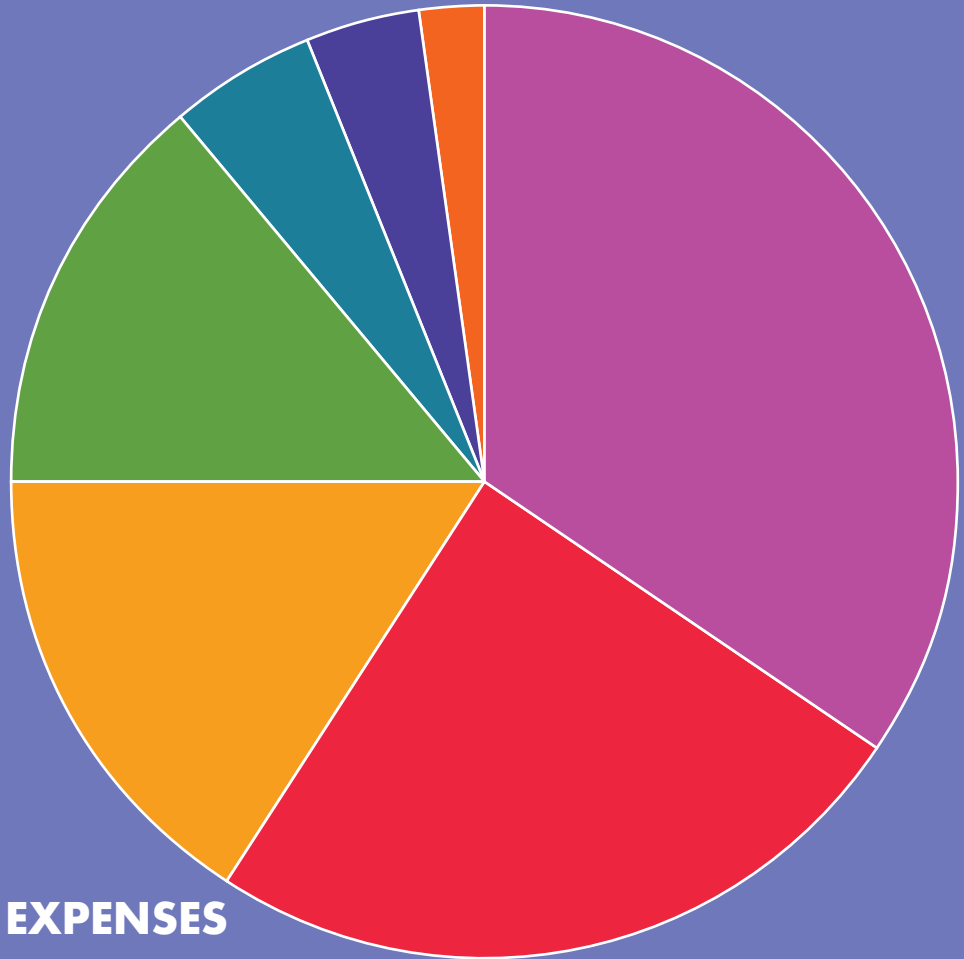
Financial Forward Motion

Strategic decisions allowed us to build stability and invest over **\$6.2 million** in bringing hope and healing to nearly 900 children and families in 2022-2023.



REVENUE

- 35% Therapeutic Group Home
- 25% Outpatient Programs
- 16% Administration
- 14% Extended Day Treatment
- 4% Community Programming
- 4% Fundraising
- 2% BHECN/ARPA Grant Funding



EXPENSES

Leadership Team

Katie McLeese Stephenson, MSW, Executive Director
Wendi Anderson, MSED, LIMHP, Outpatient Services Director
Whitney Kuhn, MPA, Community & Employee Engagement Director
Jackie Prater, LICSW, Extended Day Treatment Program Director
Becki Roberts, Development Director
Pat Sailors, MA, LIMHP, Crisis & Residential Services Director
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