

2021-2022
Annual Report

Inspiring Children & Families to Move Forward



HopeSpoke

Return of the Gourmet Comfort Classic

After a two-year hiatus due to Covid, The Gourmet Comfort Classic returned in 2022 to an enthusiastic and generous crowd! HopeSpoke's guests gathered to sample the Best Southern Comfort Food and vote on their favorite, while providing crucial support for youth and families seeking mental health services. Attendees and sponsors generously raised more than \$92,000 to support all of HopeSpoke's programs for children, teens, families, and adults across the lifespan.

Leaders in Mental Health Awards were presented to retired Lancaster County Juvenile Court Judges Linda Porter and Toni (Thorson) Sampson. Al Rouse was named HopeSpoke's Volunteer of the Year.

Thank you to this year's participating chefs, event sponsors, and each of you who contributes to HopeSpoke's mission.

Right: The Hon. Toni (Thorson) Sampson, Katie McLeese Stephenson, HopeSpoke Executive Director, and the Hon. Linda Porter.



Dear Friends,


We never dreamed the pandemic would last so long or have such an effect on our community and world. The impact on mental health has been tremendous and multifaceted.

HopeSpoke was founded in 1949 by concerned citizens to respond to community needs. Through your support, we've proudly carried this compassion with us over the past 73 years.

Mental health issues and trauma are hard for anyone to overcome. HopeSpoke plays an invaluable role in inspiring children and adults to build the skills they need to move forward and be successful.

This work matters now more than ever. Thank you for continuing to make our community a better place—full of happy, hopeful, healthy families.

Warmly,

A handwritten signature in black ink that reads "Katie McLeese Stephenson". The script is fluid and cursive.

Katie McLeese Stephenson, MSW
Executive Director

A handwritten signature in black ink that reads "Kelley Peterson". The script is bold and cursive.

Kelley Peterson
Board President, 2021-2022



Katie McLeese Stephenson



Kelley Peterson

Service Spokes

Crisis & Residential Services

Youth-In-Crisis provides suicide assessments, transitional counseling, and case management to youth being detained at Lancaster County Youth Services Center. Last year, **245 youth** were served.

The Therapeutic Group Home provides a holistic, trauma informed, strength-based approach to males ages 13-18 who have demonstrated sexually reactive behaviors. Last year, **30 youth** were served.

Extended Day Treatment Program

Operating daily after school and during the summer, the Extended Day Treatment Program provides children with treatment for trauma and behavioral challenges. Last year, **51 children** were served.

Outpatient Services

Clinical staff provide assessment, treatment planning and individual, family, and group therapy services for children ages 1-19 and their families, as well as adults. Last year, **396 people** were served.

School Programs

A variety of mental health services are provided within the school setting for students at Lincoln Public Schools who are in need of therapy. Last year, **282 students** were served.

CHOICES provides programming for students identified at risk for substance using behavior including group and individual therapy. Last year, **41 students** were served.

2021-2022 Impact

12,341

sessions provided to children, adults,
and families in the Outpatient program

9,493

hours of milieu therapy provided to
children in the Extended Day Treatment
Program

2,096

number of sessions provided to youth
at the Youth Services Center through
Youth in Crisis program

637

collective years of service by 98
HopeSpoke staff

16

Lincoln Public Schools with
HopeSpoke services





Empowered in Education

The state-accredited school at HopeSpoke's Therapeutic Group Home for boys combines education, therapy, and fun. Students range in age from 13 to 18, with many backgrounds, gaps in school credits, and educational goals to meet. At the beginning of each day, the boys evaluate their needs and how they will be most successful. "Kids know what they need and how they learn best," says Ms. Amanda, their teacher.

In addition to schoolwork, the boys participate in activities like art projects, yoga, and slam poetry to find new ways to process trauma and express themselves. A favorite activity is the ropes course. This challenging outdoor adventure provides an opportunity to learn teamwork, problem-solving, and leadership. Many of these youth had given up on school and graduation before arriving at the Group Home, but this unique, well-rounded approach to education gives them renewed hope!

For more success stories, visit hopespoke.org

By The Numbers

HopeSpoke is proud to serve a diverse group of individuals from across our community. Data below represents individuals and families served in the Outpatient Program.

Gender

Male	50%
Female	50%

Age

1-5	1%
6-12	40%
13-18	44%
19+	15%

Income

\$0	5%
\$1-\$19,999	27%
\$20,000-\$34,999	26%
\$35,000 - \$49,999	13%
\$50,000+	11%
Not collected	18%

Race

American Indian/Alaskan Native	2%
Asian	1%
Black/African American	8%
Multiracial	10%
White	62%
Other	5%
Declined to Report/Not Collected	12%

Ethnicity

Hispanic/Latino	14%
Not Hispanic/Latino	58%
Declined to Report/Not Collected	28%

Give a Gift of Hope

Through kind gifts like yours, HopeSpoke can continue to play an invaluable role in providing children and families with the skills to feel empowered and be successful – helping them to heal, be courageous and find strength to live well.

Please visit **HopeSpoke.org** or mail your generous gift to:

HopeSpoke | 2444 O Street | Lincoln, NE 68510

To make your gift by phone, call 402.475.7666

Thank you for making our community a better place – full of happy, hopeful, healthy families.

HopeSpoke is a 501(c)(3) nonprofit organization. Your donation is tax-deductible and translates into support for the hundreds of children and families seeking mental health care at HopeSpoke with each year.



Wheels of Generosity

The following individuals and organizations have made gifts to support HopeSpoke's mission between July 1, 2021 and June 30, 2022:

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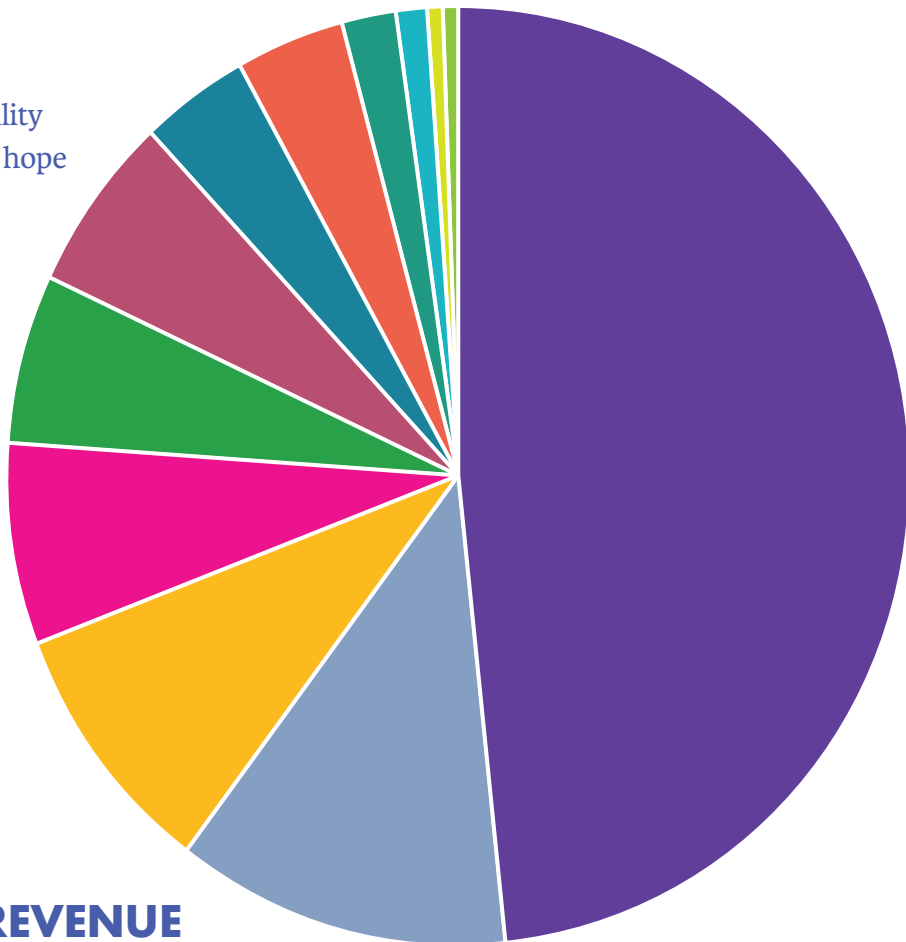
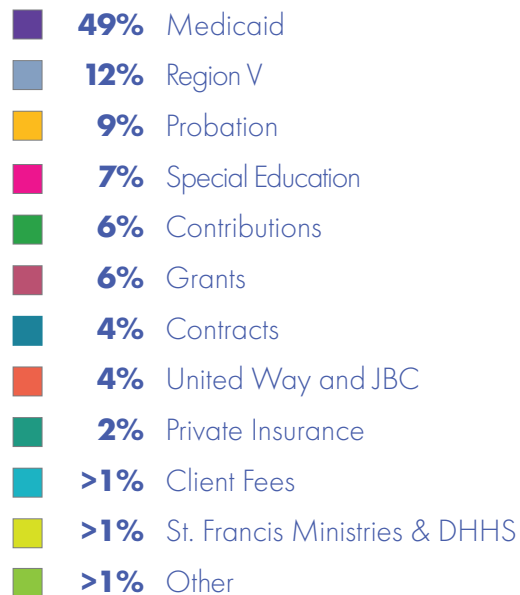
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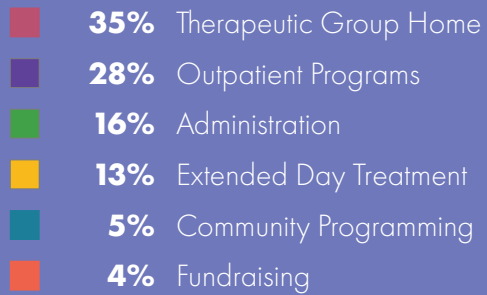
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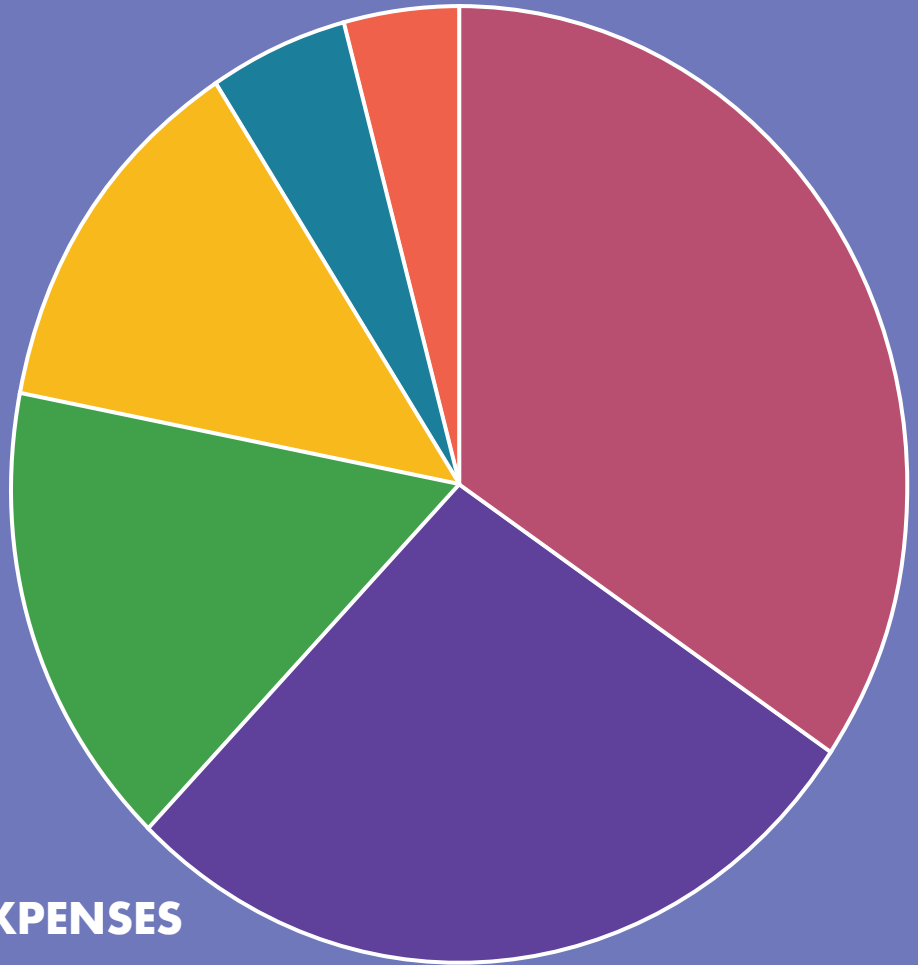
Strategic decisions allowed us to build stability and invest over **\$6.5 million** in bringing hope and healing to nearly 827 children and families in 2021-2022.



REVENUE



EXPENSES



Leadership Team

Katie McLeese Stephenson, MSW, Executive Director
Wendi Anderson, MEd, LIMHP, Outpatient Services Director
Whitney Kuhn, MPA, Community & Employee Engagement Director
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*Joined Board in July 2022



Inspiring Children & Families to Move Forward

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402.475.7666 **HopeSpoke.org**



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and Human Services and Region V Systems