

2019-2020
Annual Report

Inspiring Children & Families to Move Forward



Hope Through Telehealth

At HopeSpoke we understand that in the midst of a global physical health pandemic, there has also been an impact on individual's mental health and wellness making the need for our services even more vital. In an effort to keep our community, clients, and staff safe HopeSpoke worked to quickly modify our programming including added cleaning and health and safety measures and moving some therapy services to telehealth. In a matter of five days HopeSpoke's Outpatient program went completely remote to allow our therapists to safely provide quality mental health services.

From July 1, 2019 - March 22, 2020 HopeSpoke provided zero telehealth services.

From March 23, 2020 - June 30, 2020 HopeSpoke provided **3,685 telehealth services** across all of our programs.



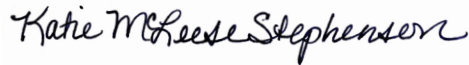
Dear Friends,

During the past fiscal year HopeSpoke worked diligently to fulfill our mission of “inspiring healthy futures for children and their families through comprehensive behavioral and mental health services.” We experienced our first full year with our new HopeSpoke brand. Our staff worked hard to meet the mental health needs of nearly 1,800 individuals across the lifespan and help them to achieve healthy futures.

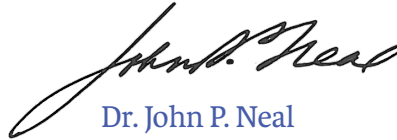
In the spring of 2020 our agency, like each of you, began to respond to the Covid-19 pandemic. We have continued all services and have seen the needs in our community increase. We have shifted to Telehealth for some services to keep our clients and staff safe while still providing our vital mental health services.

Please enjoy the highlights of our accomplishments from 2019-2020 in the following pages. We could not do this without your support. Thank you for your commitment to quality mental health services and to HopeSpoke.

Our best,



Katie McLeese Stephenson
Executive Director



Dr. John P. Neal
Board President



Katie McLeese Stephenson



John P. Neal

Service Spokes

Crisis & Residential Services

Youth-In-Crisis provides suicide assessments, transitional counseling, and case management to youth being detained at Lancaster County Youth Services Center. Last year, **237 youth** were served.

Therapeutic Group Home provides a holistic, trauma informed, strength-based approach to males ages 13-18 who have demonstrated sexually reactive behaviors. Last year, **31 youth** were served.

Extended Day Treatment Program

Operating daily after school and during the summer, the Extended Day Treatment Program provides children with treatment for trauma and behavioral challenges. Last year, **56 children** were served.

Outpatient Services

Master's level therapists and psychologists provide assessment, treatment planning and therapy services for children ages 1-19 and their families, as well as adults. Last year, **878 people** were served.

School Programs

A variety of mental health services are provided within the school setting for students at Lincoln Public Schools who are in need of therapy. Last year, **506 students** were served.

Choices and Pilots for Change provide programming for students identified at risk for substance using behavior including group and individual therapy. Last year, **69 students** were served.

2019-2020 Impact

15,744 sessions provided to children, adults,
and families by Outpatient services

10,182 hours of milieu therapy provided to
children in the Extended Day Treatment
Program

68 families served by the
Active Parenting Program

32 Linking Individuals (and families)
in Need of Community Support
(LINCS) assessments completed

21 Lincoln Public Schools with
HopeSpoke services





Healthy and Hopeful

“The hope that Alex has felt at the Therapeutic Group Home has helped him begin the process of change. He has not been to the emergency room for months; he is getting his medical needs met in an appropriate and healthy manner. Alex is gaining control of his emotional regulation and feeling confident he can be successful. Home visits are occurring to assist him in a healthy transition home. His mother wrote a note to us saying, “I am writing to say a big THANK YOU for everything you have done to help my family but most importantly (my son). He has come a long way from where he was. I want to thank you for working with him.”

Pat Sailors, MA, LIMHP
Crisis and Residential Treatment Director

For the full success story, visit hopespoke.org

By The Numbers

HopeSpoke is proud to serve a diverse group of individuals from across our community.

Gender

Male	54%
Female	46%

Age

1-5	3%
6-12	40%
13-18	44%
19+	13%

Race and Ethnicity

American Indian/Alaskan Native	3%
Bi Racial	11%
Black/African American	9%
Hispanic/Latino	7%
White	54%
Other	8%
Declined to Report	8%

Income (Outpatient Program)

\$0	30%
\$1-\$19,999	26%
\$20,000-\$34,999	21%
\$35,000 - \$49,999	11%
\$50,000+	12%

Give a Gift of Hope

Through kind gifts, like yours, HopeSpoke will be able to continue to play an invaluable role in providing children and families with the skills to feel empowered and be successful – helping them to heal, be courageous and find strength to live well.

Please go to [HopeSpoke.org](https://www.HopeSpoke.org) or mail your generous gift to:

HopeSpoke | 2444 O Street | Lincoln, NE 68510

Thank you for making our community a better place – full of happy, hopeful, healthy families.

HopeSpoke is a 501(c)(3) nonprofit organization. Your donation is tax-deductible and translates into support for the hundreds of children and families we work with each year.



Wheels of Generosity

HopeSpoke is fortunate to have so many generous supporters.

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Visionary \$5,000-\$9,999

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Lincoln Woman's Club

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& Oldfather, L.L.P.
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Doug and Jody McLeese
Katie McLeese Stephenson and
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in honor of Katie McLeese
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Rhett Stephenson
Union Bank and Trust-Trust
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Donations given July 1, 2019 -
June 30, 2020. We apologize
of any errors. Please call
402.475.7666 to correct.

In Partnership with Lincoln Public Schools

HopeSpoke offers therapy, consultation and other specialized services in partnership with Lincoln Public Schools. This partnership allows HopeSpoke to meet the needs of the individuals within our community, through a variety of programs, while removing barriers that can often hinder an individual's ability to receive services at our facility.

During the 2019-2020 school year HopeSpoke offered programming at the following sites:

Clinton Elementary School

Dawes Middle School

Elliott Elementary School

Everett Elementary School

Goodrich Middle School

Hartley Elementary School

Lakeview Elementary School

Lincoln High School

Lux Middle School

McPhee Elementary School

Meadow Lane Elementary School

Mickle Middle School

Morley Elementary School

Northeast High School

North Star High School

Park Middle School

Pershing Elementary School

Pound Middle School

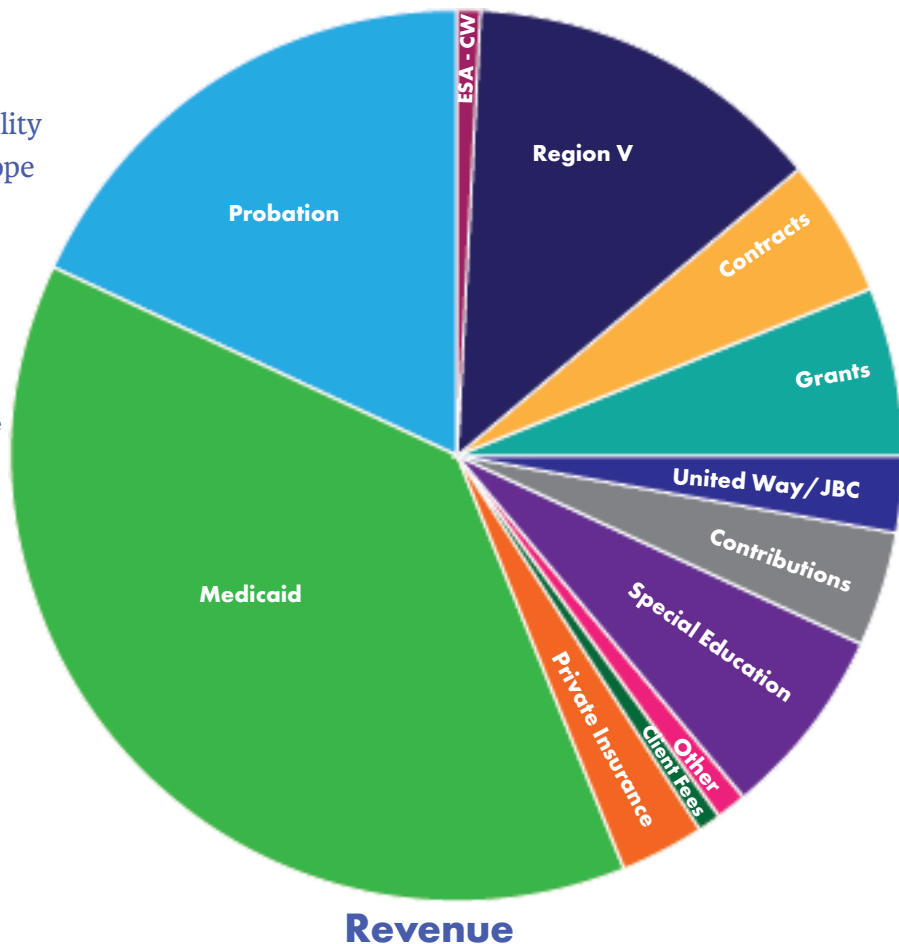
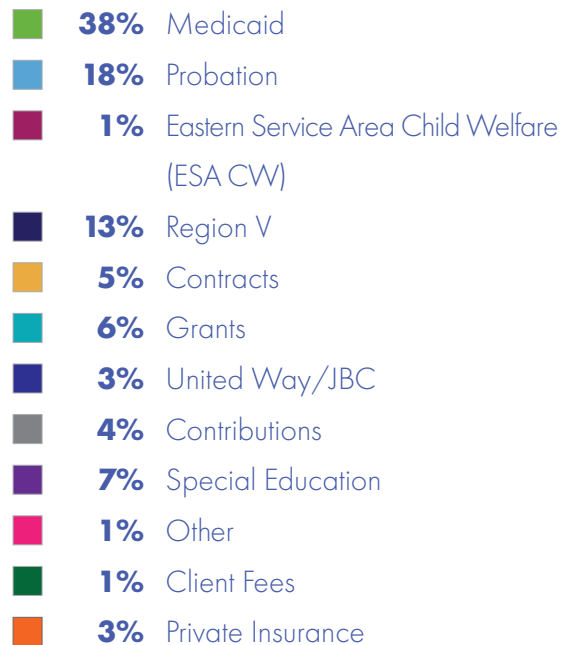
Prescott Elementary School

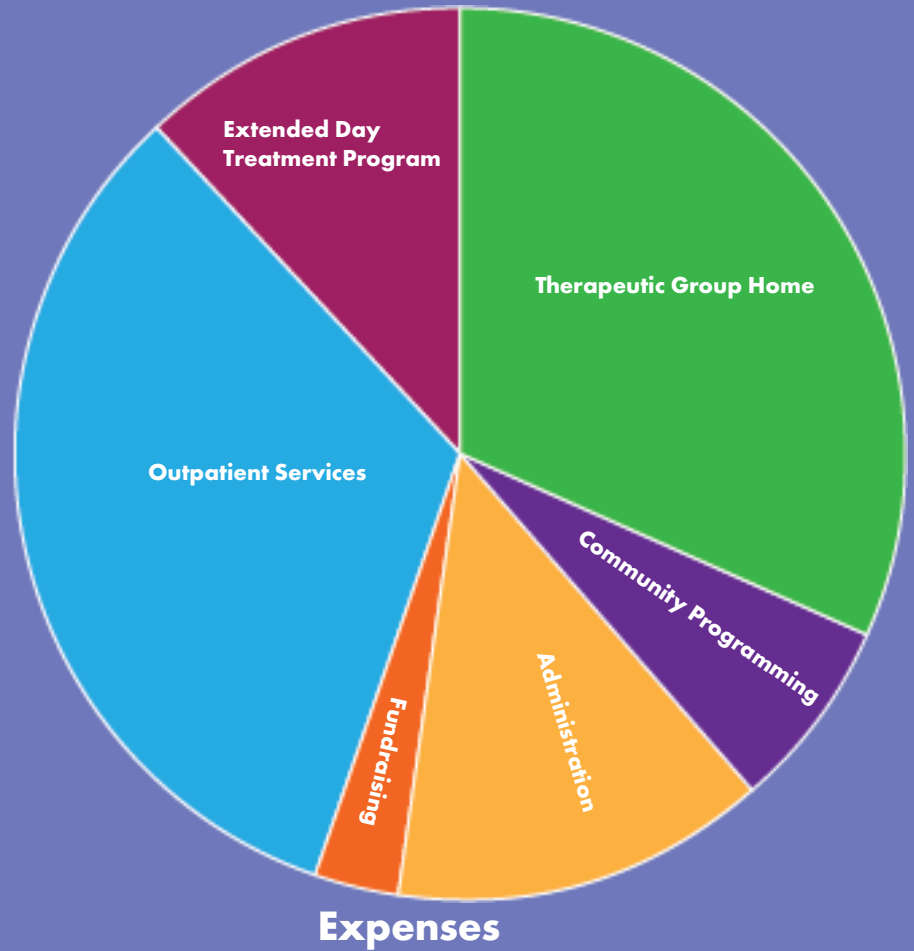
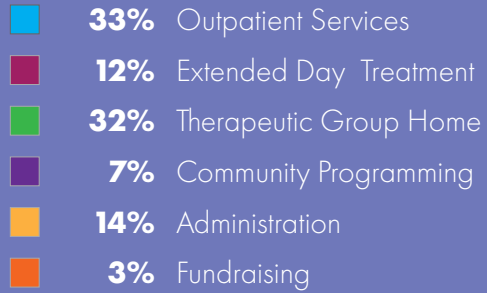
Roper Elementary School

Schoo Middle School

Financial Forward Motion

Strategic decisions allowed us to build stability and invest over **\$5 million** in bringing hope and healing to nearly 1,800 children and families in 2019-2020.





Leadership Team

Katie McLeese Stephenson, MSW, Executive Director
Wendi Anderson, MEd, LIMHP, Outpatient Services Director
Jenny Cardwell, CFRE, Development Director
Whitney Kuhn, MPA, Community & Employee Engagement Director
Jackie Prater, LICSW, Extended Day Treatment Program Director
Pat Sailors, MA, LIMHP, Crisis & Residential Services Director
Brad Schiltz, Finance Director
Kelly Theilen, Human Resources Director

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Inspiring Children & Families to Move Forward

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402.475.7666 **HopeSpoke.org**



Funded in part by the Department of Health
and Human Services and Region V Systems