2018-2019 ANNUAL REPORT

Inspiring Children & Families to Move Forward

HopeSpoke

Child Guidance Center

Over 70 Years of "Building Hope ... One Family at a Time"

Founding Organization

Junior League of Lincoln

1st Board of Directors - 1949

Dr. C. Vin White, President Dorothy Swisshelm, Vice-President Mrs. Ellery Hall Davis, Secretary Mrs. Olga Webb, Treasurer

Board of Directors - 1950

Mrs. E. J. Faulkner, President Walter Nolte, Vice-President Mrs. Ellery Hall Davis, Secretary Mrs. Olga Webb, Treasurer

1st Staff - 1949

Dr. John F. Steinman, Director Mrs. Adelaide A. Black, Psychologist Mrs. Nina M. Sedlak, Staff Secretary Mary Jane Young, Social Work Supervisor



Offices open July 1, 1949. In September 1952, a house at 1517 "H" Street was donated by Margaret Wheeler-Casady.

Dear Friends,

During the past year we have transitioned from the well-loved Child Guidance Center to the transformative, promising HopeSpoke. Our new name reflects our desire to inspire children, families and adults to move forward.

Celebrating our 70th anniversary in 2019, we have embraced our rich history and looked forward with great promise. Our agency, no matter what its name, has always been devoted to responding to and meeting the needs of our community.

Our future is bright and we will be focusing on how to continue to meet the growing behavioral health needs of our community and surrounding area. Thank you for your past and future support as we strive to help all across the lifespan to be happy, hopeful and healthy.



Katie McLeese Stephenson



John P. Neal

Katie McReese Stephensen

Katie McLeese Stephenson Executive Director

With gratitude,

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Service Spokes

Crisis & Residential Services

Youth-In-Crisis provides suicide assessments, transitional counseling, and case management to youth being detained at Lancaster County Youth Services Center. Last year, **437 youth** were served.

Therapeutic Group Home provides a holistic, trauma informed, strength-based approach to males ages 13-18 who have demonstrated sexually reactive behaviors. Last year, **30 youth** were served.

Extended Day Treatment Program

Operating daily after school and during the summer, the Extended Day Treatment Program provides children with treatment for trauma and behavioral challenges. Last year, **61 children** were served.

Outpatient Services

Master's level therapists and psychologists provide assessment, treatment planning and therapy services for children ages 1-19 and their families, as well as adults. Last year, **671 people** were served.

School Programs

A variety of mental health services are provided within the school setting for students at Lincoln Public Schools who are in need of therapy. Last year, **349 students** were served.

Choices and Pilots for Change provide programming for students identified at risk for substance using behavior including group and individual therapy. Last year, **53 students** were served.

2018-2019 IMPACT

17,315 sessions provided to children, adults, and families in the Outpatient programs

9,887 hours of milieu therapy provided to children in the Extended Day Treatment Program

> families served by Active Parenting Program

LINCS assessments completed with families

Lincoln Public Schools with HopeSpoke services

school opened by HopeSpoke to meet the educational and clincial needs of the youth at the Therapeutic Group Home





HopeSpoke Success

"During the six months the family was in treatment with the Extended Day Treatment program, Jill's confidence level improved and her anxiety greatly reduced as did her outbursts at home with her mom and siblings. She was back in school for full days, was making academic strides and had not been in the hospital for four months prior to her discharge"

-Jackie Prater, LICSW, Director, Extended Day Treatment Program.

For the full success story, visit www.hopespoke.org

HopeSpoke Demographics

Gender

Male 51% Female 49%

Age

1-54%6-1241%13-1843%19+12%

Race and Ethnicty

American Indian/Alaskan Native	3%
Asian	3%
Bi Racial	9%
Black/African American	9%
Hispanic/Latino	8%
White	55%
Other	5%
Declined to Report	8%

Income (Outpatient Program)

\$O	16%
\$1-\$19,999	31%
\$20,000-\$34,999	22%
\$35,000 - \$49,999	12%
\$50,000+	19%

"At HopeSpoke we measure success one child, one family, one person at a time."

Give a Gift of Hope

Through kind gifts, like yours, HopeSpoke will be able to continue to play an invaluable role in providing children and families with the skills to feel empowered and be successful – helping them to heal, be courageous and find strength to live well.

Please go to HopeSpoke.org or mail your generous gift to:

HopeSpoke | 2444 O Street | Lincoln, NE 68510

Thank you for making our community a better place – full of happy, hopeful, healthy families.

HopeSpoke is a 501(c)(3) nonprofit organization. Your donation is tax-deductible and translates into support for the hundreds of children and families we work with each year.



Wheels of Generosity

HopeSpoke is fortunate to have so many generous supporters like these:

BENEFACTOR \$10,000+

Anonymous Chateau Development LLC Community Health Endowment **Cooper Foundation** Dillon Foundation Harbor of Dreams Foundation Imperial Foundation Lincoln Community Foundation Pacific Life Foundation **Rogers Foundation** Mark and Margaret Seacrest Family Foundation United Way of Lincoln and Lancaster County Mae Whitmer in memory of Bill Whitmer & in honor of Lori Wennstedt Woods Charitable Fund, Inc.

VISIONARY \$5,000-\$9,999

ABC Electric

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CHAMPION \$2,500-\$4,999

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HopeSpoke Mike Munday Endowment Fund

In 2019 HopeSpoke was able to establish the Mike Munday Fund through the Lincoln Commnity Foundation.

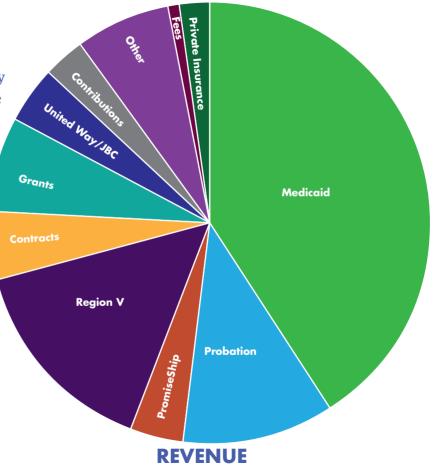
The Mike Munday Fund was established through your generous donations to honor long time HopeSpoke employee and friend Mike Munday. This fund will be used to enhance services and activities at the Therapeutic Group Home.

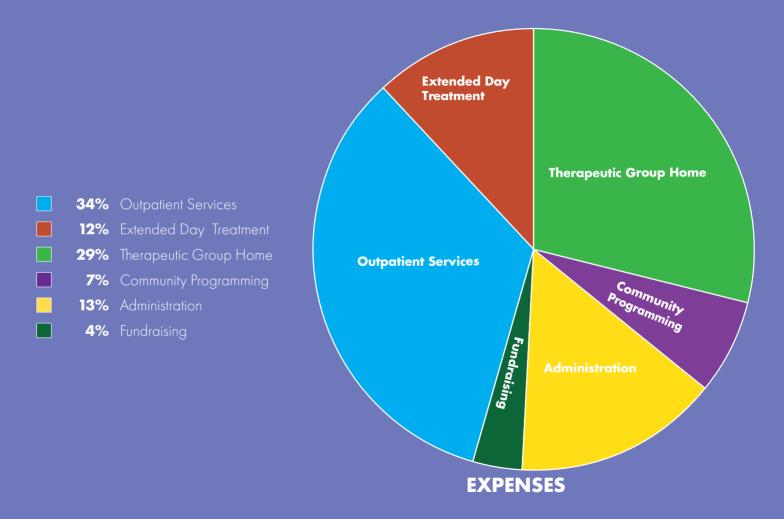
Donations given July 1, 2018 through June 30, 2019. We apologize for any errors. Please call 402.475.7666 to correct.

Financial Forward Motion

Strategic decisions allowed us to build stability and invest over **\$5 million** in bringing hope and healing to nearly 1,650 children and families in 2018-2019.

41%	Medicaid
11%	Probation
4%	PromiseShip
15%	Region V
5%	Contracts
7%	Grants
4%	United Way/JBC
3%	Contributions
7%	Other
>1%	Client Fees
2%	Private Insurance





Leadership Team

Katie McLeese Stephenson, MSW, Executive Director Wendi Anderson, MSEd, LIMHP, Outpatient Services Director Jenny Cardwell, CFRE, Development Director Whitney Kuhn, MPA, Community & Employee Engagement Director Jackie Prater, LICSW, Extended Day Treatment Program Director Pat Sailors, MA, LIMHP, Crisis & Residential Services Director Brad Schiltz, Finance Director Kelly Theilen, Human Resources Director

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Inspiring Children & Families to Move Forward

2444 O Street | Lincoln, NE 68510 402.475.7666 | **HopeSpoke.org**



Funded in part by the Department of Health and Human Services and Region V Systems