



*August 1, 2019 Newsletter*



## **Expanded Partnership with Lincoln Public Schools**

We are excited to be expanding the number of schools where HopeSpoke has a therapist co-located. During the upcoming school year we will be adding services at Meadow Lane and Roper Elementary Schools, Schoo Middle School, and expanding services by 50% at Park Middle School and Lincoln High School. These services are supported through Region V and Medicaid. This expands the number of schools

we are at to 17.

We are continuing services at the following Elementary Schools: Clinton, Elliott, Everett, Hartley, McPhee, Pershing, and Prescott; Middle Schools: Dawes, Goodrich, Mickle; and High Schools: Northeast and North Star. To access these services for your child or youth, please contact your school for assistance, or you may call us at 402-475-7666.

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## Grateful for Our Community

HopeSpoke is so grateful for the many opportunities that our staff have within the Lincoln community to participate in a booth or fair, discussion panel, community conversation or giving a presentation about our services. We love to make bracelets too! Recently staff participated in events sponsored by the United Way and Union Bank & Trust; the Lincoln Community Foundation, Lincoln Public Schools, Cause Collective, and many more. We also had a week with youth volunteers and their sponsors from Christ Place Church. They cleaned and painted, picked up trash, and made everything shine. To see a photo of the volunteers and where we are in the community, please follow us on our social media. Just click the icons below to see what's happening!



## Our Snack Cupboard is Almost Bare!

A few months ago our cupboard was filled with healthy snacks for HopeSpoke clients. Sometimes when clients come for therapy they are hungry and excited to pick a snack to take with them into their session. Choosing a snack, especially for children who's families are food insecure, feels really good and is another perk of coming to our Outpatient Services offices. If you are able to help fill this cupboard with individually wrapped, new food items, please feel free to bring them to HopeSpoke at 2444 O Street. If you would rather make a monetary gift to help support the snack cupboard, you may **GIVE YOUR GIFT NOW!** Thank you for sharing our need with your friends, family, and colleagues. We want to remove as many barriers as possible for those participating in mental health therapy. **Please note that we are asking you to refrain from providing snacks with peanuts in them.** Thank you.



**Our Contact Information**  
HopeSpoke  
2444 O ST Lincoln, NE 68510  
402-475-7666  
[www.hopespoke.org](http://www.hopespoke.org)