

Helping kids find hope and healing

Dear Child Guidance Center Family and Friends,

In September of 2017 the Child Guidance Center Board of Directors adopted a refreshed mission statement for the agency: **Child Guidance Center inspires healthy futures for children and families through comprehensive behavioral and mental health services.** We have embraced a new, vibrant three-year strategic plan that will serve as a guidepost for change and improvements. Our focus will be on these five goal areas: Build Financial Stability, Enhance Brand Awareness, Enrich Agency Culture, Program Expansion, and Facilities Improvement.

Child Guidance Center is dedicated to providing the highest quality of care possible. Our Board of Directors and our staff appreciate the support of our partners and the community as we work together to meet the ever changing needs of those that we serve. Your gifts, grants, and collaborative partnerships helped bring hope and healing to nearly 1,700 children and families last year! We look forward to another great year.

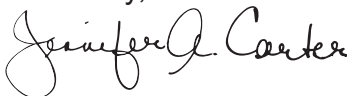
Sincerely,



Katie McLeese Stephenson, MSW
Executive Director



Sincerely,

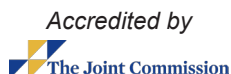


Jennifer A. Carter
President of the Board



Exciting News

- The parking lot closest to our office at 25th and O Streets has been redone thanks to support from the Dillon Foundation and the Abel Foundation.
- Funding from the Woods Charitable Fund and Rogers Foundation will assist agency efforts to Increase Our Ability to Hire and Retain Quality Staff.
- Active Parenting classes have begun for three age groups thanks to funding from the Community Health Endowment. This grant also provides additional Crisis Response. For more information, email parentingprogram@child-guidance.org.
- Proud conveners of one to two conferences annually on mental health topics of interest to our staff and clinicians across Nebraska.



2016-2017

Board of Directors, Officers

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Outpatient Services Director
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Jenny Cardwell, CFRE,
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Whitney Kuhn, MPA,
Community and Employee Engagement Director
Jackie Prater, LICSW,
Extended Day Treatment Program Director
Pat Sailors, MA, LIMHP,
Crisis and Residential Services Director
Brad Schiltz, Finance Director



Therapy Dogs, George (left), and Teddy (right), provide much love and care to children when they come to Child Guidance Center.

2016-2017 Programs and Services

Crisis & Residential Services

- **Youth in Crisis:** Suicide assessments and transitional counseling to all youth detained in the Juvenile Detention Center for 542 youth.

- **Therapeutic Group Home:** Specialized residential services for adolescent males ages 12-18 who have sexually harmed others and intensive outpatient services for 32 youth.

Extended Day Treatment Services

- Intensive therapeutic services for children ages 5-12 including individual, family and group therapy for 54 children.



Bill Janike

Outpatient & Outpatient Schools

- **Outpatient Services:** Individual, family and group therapy and Child Parent Psychotherapy for 737 youth and families.

- **Outpatient Services-Schools:** Therapy services in fifteen schools treating 294 youth in need or at-risk.

- **Choices:** On-site substance abuse education and treatment services for at-risk youth in two schools serving 55 students.

- **Therapeutic Consultation:** On-site therapy services for 32 youth who experience significant emotional dysregulation at the Sherrill and Nuernberger Educational Centers.

- **Community Based Assessments:** Outpatient assessments for 19 youth with specialized needs.

Child Guidance Center was so pleased to recognize Bill Janike, former staff member and current volunteer, with the 2017 Leader in Children's Mental Health Award at the 9th Annual Gourmet Comfort Classic Event!

"Bill is a great role model who shows our mission in action," shared Katie McLeese Stephenson.

Why I Serve by John Neal, President-Elect

I have been a strong advocate for Child Guidance Center's work for a decade and a half. As a beginning principal at Mickle Middle School in Lincoln, I was fortunate to be part of the introduction of school-based counseling services for students. Students needing mental health services were able to stay on campus, meet with a mental health practitioner, and stay connected to school. Child Guidance Center provides counseling services in 16 of Lincoln's public elementary, middle, and high schools.

Now, as a Board member, I see the full range of Child Guidance Services and the impact that they have on children and families. The wide range of therapy offerings, including residential, outpatient, extended day programs, and youth-in-crises programs all offered to the community when I was a new principal - effective treatment, provided in a supportive environment, and focused on building a collaborative relationship that surround the child with care. Child Guidance Center is and has always been a critical community leader since its inception in 1949, when it became the first organization in Lincoln dedicated to the mission of meeting the mental health needs of children. I feel honored to serve on the Child Guidance Center board.



*John P. Neal,
Assistant Superintendent of Government
Relations and General Administration,
Lincoln Public Schools*

Client Demographics

Gender:

Female	48%
Male	52%

Age:

1-5 years	4.4%
6-12 years	40.6%
13-18 years	42.5%
19+ years	12.5%

Race:

Native American	2%
Asian	3.5%
Bi Racial	8.7%
Black/African American	8.3%
Pacific Islander	.3%
White	61.3%
Other	4.6%
Not Reported	11.3%

Ethnicity:

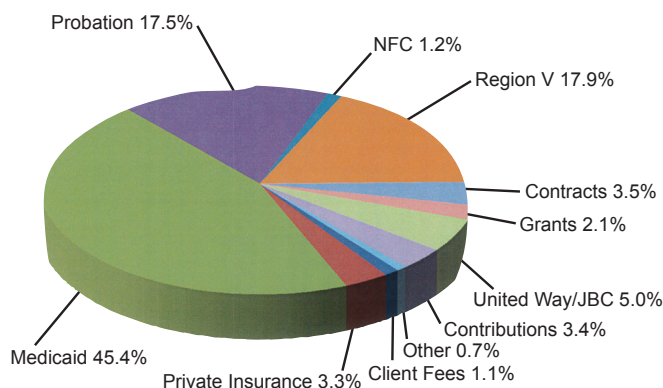
Hispanic/Latino	13%
Non Hispanic/Latino	62%
Not Reported	25%

Income (Outpatient only):

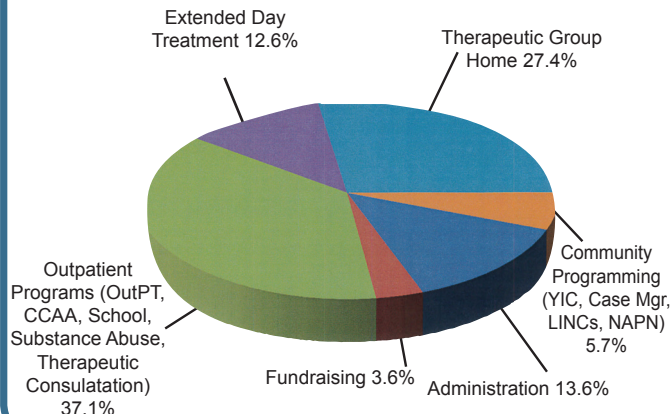
\$0	14.8%
\$1-\$19,999	32.4%
\$20,000-\$34,999	25.4%
\$35,000-\$49,999	11.8%
\$50,000+	15.6%

2016-2017 Budget: \$4,820,868

Revenue and Support



Expenses



Success Is Measured One Child and Family at a Time!

Melissa Tucci, MA, LIMHP, LACD, recently shared a success story from the CHOICES Program that is about one young woman, "Jasmine" who had been in the program for two years and during this time had a baby. "Her home life was frequently chaotic and she had a lot of difficulties staying on track and regulating her emotions. Jasmine had difficulty following through with tasks and would often times acknowledge that she demonstrated learned helplessness.

Despite her hardships and difficulty with regulating her emotions, Jasmine graduated from high school. In addition, she followed through with recommendations for Outpatient Therapy at Child Guidance Center since she was no longer a student and could no longer receive treatment at her high school. Jasmine was able to utilize community resources and other social supports to get a ride to come to the offices at 2444 O Street for her therapy sessions and sometimes will even bring her son with her despite it being difficult. Overall, Jasmine has made tremendous progress, despite continued interpersonal conflicts and current stressors.

Most recently, Jasmine obtained a full-time job and continues to overcome barriers by using her resources and problem-solving skills", shared Ms. Tucci.

During the last fiscal year, the Choices Program provided on-site substance abuse education and treatment services for at-risk youth at Mickle Middle School and Northeast High School. Ms. Tucci is the Choices Coordinator.



Ways to Connect with and Support CGC

- Like us on Facebook, Twitter, and Instagram.
- Sign up for our monthly electronic newsletter by sharing your email address with us at info@child-guidance.org.
- Invite staff or board members to speak at your service club, organization, or business.
- Give a one-time or monthly gift online at www.child-guidance.org.
- Join us at the 10th Annual Gourmet Comfort Classic Event on Friday, May 4, 2018.
- Remember Child Guidance Center through a gift in your estate plan and let our staff know so that we can thank you now. For more information, contact Jenny Cardwell, CFRE, Development Director, at jcardwell@child-guidance.org or call 402-475-7666.

