



Helping kids find hope and healing

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www.child-guidance.org

November 2016

There is a growing need for quality mental health care for children and families in our community. Last year the Child Guidance Center served significantly more clients in several key program areas including Outpatient Services (27% increase), Outpatient Services-Schools (37% increase), Therapeutic Group Home (27% increase) and Extended Day Treatment (15% increase). We know that a child's mental health is as important as their physical health. Each day our talented and passionate staff work hard to help children and their families find hope and healing.

Thank you for your interest in our work and for your support of the Child Guidance Center!

2016-2017

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2015-2016

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My Best,

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Executive Director

Programs and Services

Outpatient Services

Outpatient clinic treatment options include individual, group, and family therapy as well as Child Parent Psychotherapy. Therapeutic treatment services for youth who sexually harm include individual therapy, group therapy, and comprehensive risk assessments (total youth/families served in Outpatient Services 809 youth/families for 8953 hours).

Outpatient Services-Schools

Therapists in thirteen area public schools treat youth in need or at-risk students on-site (served 299 youth for 5212 hours).

Therapeutic Group Home

Specialized residential treatment services for adolescent males 12-18 years old who have been sexually abusive. The program also includes day treatment for youth who do not require 24-hour placement, but can benefit from the structure and therapeutic environment of the Therapeutic Group Home (served 28 youth/families).

Choices

On-site substance abuse education and treatment services for at-risk youth in three public secondary schools (served 52 youth for 1284 hours).

Community-Based Evaluations

Comprehensive psychological evaluations for youth referred by the Juvenile Justice System (served 25 youth/families).

Extended Day Treatment Program

Intensive therapeutic after-school and summer program for children 5-11 years old with serious emotional and behavioral difficulties (served 53 youth).

Therapeutic Consultation

On-site therapy sessions for emotionally disturbed youth primarily through the Donald Sherrill Education Center (served 16 youth/1950 hours)

Youth in Crisis

Suicide assessments and transitional counseling to all youth detained in the Juvenile Detention Center (served 721 youth/1886 hours).

Outpatient Intake Calls FY 15-16

Total intake calls	896
Total intakes	425
Average calls per month	74
Average intakes per month	25
5-16 years of age	77%
Male	44%
Female	56%
Single parent household	69%
Prior outpatient treatment	30%



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www.child-guidance.org

Child Guidance Center: Annual Report FY 2015-2016



MISSION: Child Guidance Center is dedicated to meeting the mental health needs of children and their families in the Lincoln area and surrounding communities through effective and flexible therapeutic partnerships and a commitment to advocacy and positive social change.

Treatment Effectiveness

A Family's View on the Benefits of Child Guidance Center

Our child is not the same child that came to Child Guidance that first day. He instead has been given the tools needed to become successful in life and has also learned the impact that his poor choices had on himself and others. He has once again made us aware that we do have the best kid in the world and he just needed some special help at a particularly difficult time in his life.

Our family will be forever grateful to Child Guidance and what they have done for our child and family. They are outstanding at what they do and we are so fortunate to have them in this community to provide a safe, educational, nonjudgmental, kind and caring environment for those children who need this type of care at a very vulnerable time in their lives.

Client Satisfaction Surveys

Outpatient Services: 98% satisfied or very satisfied with services.

Therapeutic Group Home: 100% satisfied or very satisfied with services.

Extended Day Treatment: 100% satisfied or very satisfied with services.

Cultural Competence

Lincoln/Lancaster County is an area rich in cultural diversity. Lincoln Public Schools currently serve over 2,439 students from 60 nations who speak 53 different languages. It is the goal of this agency to provide the same quality and the same continuum of services to children and families from these diverse backgrounds that are provided to the mainstream community. To meet this goal, the agency employs a Master's level Vietnamese therapist. A Hispanic therapist provides therapeutic and assessment services in the Outpatient and Outpatient Schools Programs. Services to other ethnic groups are provided through the use of an interpreter as needed. In addition, a clinical staff/Program Director provides services to the deaf and hard of hearing population through American Sign Language.

Agency Demographics

Gender:

Male	50%
Female	50%

Age:

1-5 years	4%
6-12 years	40%
13-18 years	42%
19+ years	14%

Race:

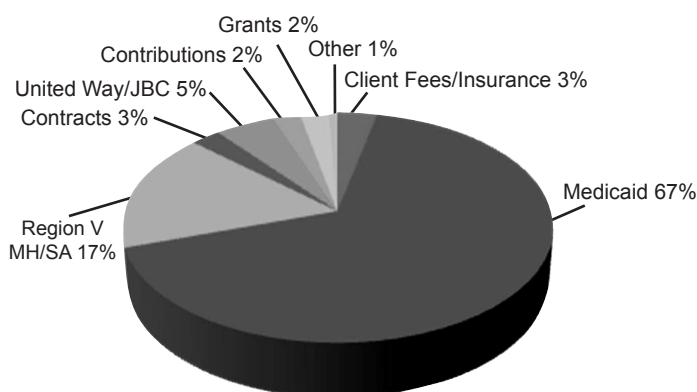
White	61%
American Indian	2%
Black/African American	9%
Hispanic	3%
Asian/Pacific Islander	4%
Bi Racial	8%
Other/Unknown	13%

Income (Outpatient only):

\$0	25%
\$1-19,999	34%
\$20,000-\$34,999	22%
\$35,000-\$49,000	9%
\$50,000+	10%

2015-2016 Budget: \$4,266,941

Revenue and Support



Expenses

