



Helping kids find hope and healing

October 2015

2444 'O' Street
Lincoln, NE 68510
402.475.7666
www.child-guidance.org

Our dedicated staff work with children every day who are experiencing depression, anger, loneliness, bullying or abuse. We really take the time to listen and work with children and their families to develop skills and family supports that strengthen a child's resilience and ability to cope with adversity. Every program at the Child Guidance Center has a waiting list and we have grown our staff to add more services wherever financially feasible. Our community needs to value each child and parents need to really listen. Good mental health is critical for kids to be successful now and in the future as adults. Please listen to your kids and make sure they get the services they need. Treatment works!

Sincerely,

Carol Crumpacker
Carol Crumpacker, PhD

2014-2015

Board of Directors

President Mitch Lee
President Elect Deb Kerrey
Secretary Shirley Travis
Treasurer Lacey Rohe

Members

Heather Anschutz
Jennifer Carter
Tallie Gaspar
Korby Gilbertson
Dr. Kathryn Govaerts
Angie Graham
Christine Higgins Wilcox
John Neal
Samip Patel
Dr. Susan Powers Alexander
Susan Sapp
Ted Scott
Russ Uhing

Executive Director

Carol Crumpacker, PhD

Board Meetings are held on the second Wednesday of every other month. Members serve for two terms of three years each.

Funded in part by the Department of Health and Human Services and Region V Systems.

Programs and Services

Outpatient Services

Outpatient clinic treatment options include individual, group, and family therapy, as well as art and play therapy. Therapeutic treatment services for adolescent sex offenders include individual therapy, group therapy, and comprehensive risk assessments (served 638 youth/families for 8217 hours).

Choices

On-site substance abuse education and treatment services for at-risk youth in three public secondary schools (served 74 youth for 1237 hours).

Community-Based Evaluations

Comprehensive psychological evaluations for youth referred by the Juvenile Justice System (served 84 youth/families).

Therapeutic Group Home

Specialized residential treatment services for adolescent males ages 12-18 years old who have been sexually abusive. The program also includes day treatment for youth who do not require 24-hour placement, but can benefit from the structure and therapeutic environment of the Therapeutic Group Home (served 22 youth/families).

Outpatient Services-Schools

Therapists in thirteen one area public schools treat disturbed or at-risk students on-site (served 219 youth for 4490) hours).

Extended Day Treatment Program

Intensive therapeutic after-school and summer program for children 5-11 years old with serious emotional and behavioral difficulties (served 46 youth).

Therapeutic Consultation

On-site therapy sessions for emotionally disturbed youth primarily through the Donald Sherill Education Center (served 29 youth/1330)

Youth in Crisis

Suicide assessments and transitional counseling to all youth detained in the Juvenile Detention Center (served 683 youth/2078 hours).

Intake Calls FY 14-15

Total intake calls	995
Total intakes	433
Average calls per month	81
Average intakes per month	36
5-16 years of age	87%
Male	60%
Female	40%
Single parent household	42%
Prior outpatient treatment	30%

To give a gift online or make a monthly gift please visit www.child-guidance.org



Accredited by the Joint Commission on Accreditation of Healthcare Organizations.



A United Way Member Agency.

Child Guidance Center: Annual Report FY 2014-2015



MISSION: Child Guidance Center is dedicated to meeting the mental health needs of children and their families in the Lincoln area and surrounding communities through effective and flexible therapeutic partnerships and a commitment to advocacy and positive social change.

Treatment Effectiveness

Our measurements for treatment effectiveness are multi-faceted. We involve the client in assessing the efficacy of treatment by administering a client satisfaction survey in the fall and spring of each year. In addition, we ask the client to complete a four question assessment of how they have functioned since their last therapy session and, at the end of each session, we ask the client to assess the effectiveness of the session. These methodologies, in conjunction with the therapist pre-post general assessment of functioning (GAF), and the client and client's family involvement in the treatment planning and updates determine the direction of individual treatment, define programmatic goals and changes, and indicate clinical training needs.

Outpatient Services

88% reached service targets

Therapeutic Group Home:

90% of youth completing treatment maintained or improved level of functioning.

Extended Day Treatment:

94% maintained or improved level of functioning.

Client Satisfaction Surveys

Outpatient Services: 92% satisfied or very satisfied with services.

Therapeutic Group Home: 100% satisfied or very satisfied with services.

Extended Day Treatment: 100% satisfied or very satisfied with services.

Cultural Competence

Lincoln/Lancaster County is an area rich in cultural diversity. Lincoln Public Schools currently serve over 2600 students from 60 nations who speak 56 different languages. It is the goal of this agency to provide the same quality and the same continuum of services to children and families from these diverse backgrounds that are provided to the mainstream community. To meet this goal, the agency employs a Master's level Vietnamese therapist. A Hispanic therapist provides therapeutic and assessment services in the Outpatient and Outpatient Schools Programs. Services to other ethnic groups are provided through the use of an interpreter. In addition a clinical staff/Program Director provides services to the deaf and hard of hearing population through American Sign Language.

Agency Demographics

Gender:

Male	55%
Female	45%

Age:

1-5 years	2%
6-12 years	38%
13-18 years	45%
19+ years	15%

Race:

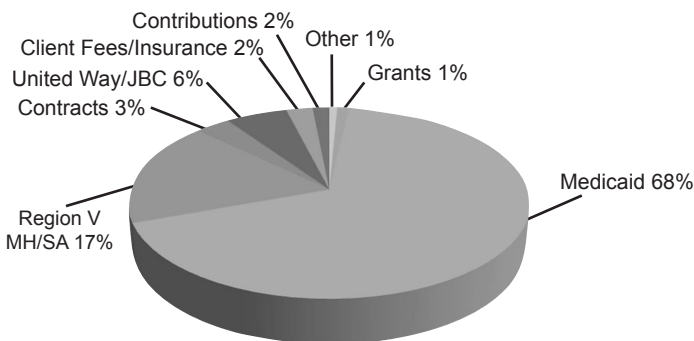
White	50%
American Indian	2%
Black/African American	7%
Hispanic	10%
Asian/Pacific Islander	3%
Bi Racial	8%
Other/Unknown	20%

Income (Outpatient only):

\$0	48%
\$1-19,999	26%
\$20,000-\$34,999	15%
\$35,000-\$49,000	5%
\$50,000+	6%

2014-2015 Budget: \$4,077,844

Revenue and Support



Expenses

